



# NSI The NeuroScience Institute

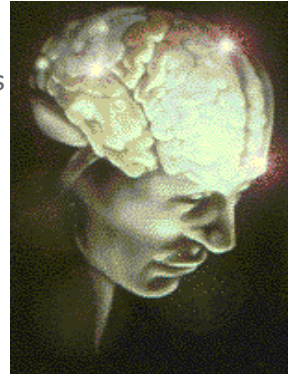
Neurological Tests & Treatments

**IT IS REAL**

**EEG-NEUROFEEDBACK HAS BEEN CALL "A MIRACLE"**

## **What is EEG-Neurofeedback used for?**

The unique function is that EEG-Neurofeedback addresses problems of brain **disregulation**. These happen to be numerous. They include the **anxiety-depression spectrum, attention deficits, PTSD-bipolar-ADHD disorders, trauma attacks, behavior disorders, various sleep disorders, headaches and migraines, PMS and emotional disturbances**. It is also useful for organic brain conditions such as seizures, the autism spectrum, and cerebral palsy.



## **What happens if Neurofeedback patients are taking medications?**

With successful Neurofeedback / EEG Biofeedback training, **the medications targeting brain function may very well no longer be needed**, or they may be needed at lower dosages, as the brain takes over more of the role of regulating itself. This decrease in medications is particularly striking when the medications play a supportive role in any event, as is often the case for the more severe disorders that we are targeting with our work. It is important for clients to communicate with their prescribing physician regarding Neurofeedback / EEG Biofeedback and medications.

## What conditions is Neurofeedback / EEG Biofeedback successful in helping?

This includes:

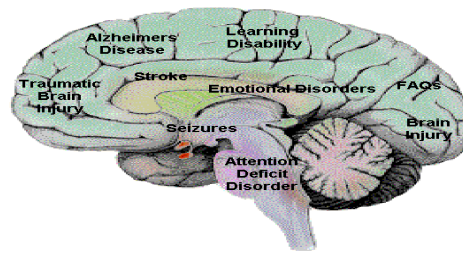
- Seizures and sub-clinical seizure activity
- Severely disruptive behavior disorders such as Conduct Disorder and Bipolar Disorder.
- Autistic spectrum and pervasive developmental delay.
- Cerebral palsy
- Acquired brain injury
- Birth trauma

Many individuals have sleep problems that can be helped:

- Bed wetting
- Sleep walking, sleep talking
- Teeth grinding
- Nightmares
- Night terrors

We can also be helpful with many of the problems of adolescence:

- Drug abuse
- Suicidal behavior
- Anxiety and depression



We can also help to maintain good brain function as people get older. **The good news is that almost any brain, regardless of its level of function, can be trained to function better.**

- **What is the success rate of Neurofeedback / EEG Biofeedback?**

It turns out that among the vast majority of clients (>95% in one clinician's experience) the actual outcomes exceed the prior expectations. Against expectations, the changes that can be produced with Neurofeedback may even appear miraculous. What appears miraculous in all of this is really nothing more than the incredible capacity of our brains to recover function when given a chance.

The process is best supported with INTEGRATED THERAPIES by professionals who through tests can determine and normalize the triggers. The over-all process is extraordinarily effective. If you or someone you know suffers with any of the above symptoms, please call for an accurate assessment of the conditions. It may change your life!

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